

NOVEMBER 2022 – LUNCH ELEMENTARY, K8, AND MIDDLE SCHOOLS

Fresh Fruit, Fruit Cup and/or 100% Fruit Juice are offered at each meal. Assorted milk served daily.

Offer Vs Serve – Must have 3 different components, at least ½ cup fruit or vegetable. May have meat and grain, 2 veggies, fruit, milk

This institution is an equal opportunity provider.

Menu is subject to change due to product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken n Rice Casserole w/ Breadstick Cheese Pizza BBQ Sandwich Crisp Side Salad Sweet Potato Fries	2 Pepperoni Grilled Cheese Chili w/ Cornbread Baked Potato Cucumber Salad	3 Buffalo Chicken Dip w/ Chips Ham Sub w/ Fixins' Celery w/ Dip Crinkle Cut Fries	4 Chili Dog Hawaiian Meatballs w/ Rice & Breadstick Manager's Choice Curly Fries Cheesy Bean Dip
7 Chicken Curry w/ Rice & Breadstick Manager's Choice Sweet Glazed Carrots Crinkle Cut Fries	8 Shepherd's Pie w/ Roll 4 Meat Pizza Baked Beans Seasoned Broccoli	9 Fiesta Mac Bake w/ Chips Four Cheese Pizza PBJ Sandwich Seasoned Corn Zucchini Pizza Bites	10 Country Friend Steak Sandwich Grilled Cheese Yummy Soup Sweet Potato Souffle	11 Student Holiday
14 Asian Chicken Stir Fry Hamburger w/ Fixins' French Fries Roasted Carrots	15 Chicken n Rice Casserole w/ Breadstick Cheese Pizza BBQ Sandwich Crisp Side Salad Sweet Potato Fries	16 Turkey Supreme Or Turkey & Dressing with Roll Manager's Special PBJ Pumpkin Bread Sweet Potato Souffle Seasoned Green Beans	17 Buffalo Chicken Dip w/ Chips Ham Sub w/ Fixins' Celery w/ Dip Crinkle Cut Fries	18 Chili Dog Hawaiian Meatballs w/ Rice & Breadstick Manager's Choice Curly Fries Cheesy Bean Dip
21 Student Holiday	25 Student Holiday	26 Student Holiday	27 Student Holiday	28 Student Holiday
28 Chicken Curry w/ Rice & Breadstick Manager's Choice Sweet Glazed Carrots Crinkle Cut Fries	29 Shepherd's Pie w/ Roll 4 Meat Pizza Baked Beans Seasoned Broccoli	30 Fiesta Mac Bake w/ Chips Four Cheese Pizza PBJ Sandwich Seasoned Corn Zucchini Pizza Bites	Georgia grown and locally sourced products and ingredients are offered regularly	Learn more about Richmond County's Wellness Plans & how to participate at Nutrition Services / Wellness Policy (rcboe.org)